



CURRENT WORK

Performance Institute of Scotland - founded May 2020

Yes Choir - 2018

Denise Bell music - 2017

Bell and Bell Records - 2018

Noble House - 1999

PAST WORK

Noble Centre - Transactional Analyst Psychotherapist 2007-2016

Breath Work in the Healing Fields - Glastonbury, England 2014, 2015, 2016

Transformational Breath® Facilitator, Co-trainer & Senior trainer - Nairobi, Kenya 2012, 2013

Transformational Breath® Facilitator & Co-trainer – Mexico 2014, Kuwait 2014

LECTURES & WORKSHOPS

- Vicarious Trauma, Prevention and Recovery - CPD Day at Women's Rape and Sexual Abuse Centre (WRASAC)
- Helping the Helper Lecture - Adult Psychology Department NHS Fife
- An Introduction to the Singer's Psyche Toolbox - London College of Music
- Performance Psychology - The Psyche System, the 'Soul System' - Napier University Scotland
- Singer's Psyche: The Psychology of Vocal Performance Lecture - Ragged University at the Edinburgh International Festival
- Protect Your Voice & How Your Voice Reflects On You- Robert Gordon University
- Trauma & The Body (A Vocal Approach) - British Clinical Psychology Society, Holistic Division
- Intrapsychic and Interpersonal Intersection, Voice Workshop - Performing the World, New York
- Psychology of Performance Training Lecture - BVA Training Young Voices, RSAMD, Glasgow
- The Singer's Psyche - SEMPRES EU Conference, Roehampton University
- Narcissism & PTSD workshop - BVA Choice for Voice, Barbican London
- Voicebox Toolbox – STAC Conference, Edinburgh University
- Psychology for Singers And Teachers, Ten More Tips To Try - AOTOS Conference, Birmingham Conservatoire
- Psychology for Singers And Teachers, Ten Tips To Try - AOTOS Study Day, Birmingham Conservatoire
- Vocal Performer Wellbeing – SEMPRES, Barbican Centre, London
- Psychotherapeutic Approach to Vocal Crash - British Voice Association, Royal Scottish Academy of Music & Drama
- Vocal Freedom - Transactional Analysis World Conference, Edinburgh